

Regular Monthly Massage Plan

from: Ashi Therapies

Price: £45.00

Date: 2020-01-22 10:38:33

Expiration Date: 0000-00-00 00:00:00

Description

Regular monthly massage has huge benefits, keeping you free & supple and reducing stress. Ashiatsu Baresole Massage, A deep, luxurious full body 60 minute massage, Baresole massage helps relieve muscle pain, increases range of motion and flexibility and creates a state of well-being. Deep compression feels good, not painful and has many benefits whether it's stress, muscular tension, insomnia, depression or anxiety, massage especially deep tissue massage can help to alleviate your symptoms, bring you a sense of wellbeing & relaxation.



<https://www.thedigitalbuzzmagazine.com/classified/regular-monthly-massage-plan-977.html>